

# JESUS is the Bread of Life!

**MANNA FROM HEAVEN:** In the Old Testament, after Moses freed the Israelites from slavery in Egypt, they began their 40 year journey of wandering in the desert. During that time, God provided for all their physical needs in a miraculous way. This included sending them a special bread from heaven called Manna every day except for on the Sabbath. God did this to teach them that He, the LORD, was their God, and to also teach them to trust in Him and to obey His commands.



**READ Exodus 16:11-16 NIrV below:**

*The Lord said to Moses, "I have heard the people of Israel talking about how unhappy they are. Tell them, 'When the sun goes down, you will eat meat. In the morning you will be filled with bread. Then you will know that I am the Lord your God.'"*

*That evening quail came and covered the camp. In the morning the ground around the camp was covered with dew. When the dew was gone, thin flakes appeared on the desert floor. They looked like frost on the ground. The people of Israel saw the flakes. They asked each other, "What's that?" They didn't know what it was.*

*Moses said to them, "It's the bread the Lord has given you to eat. Here is what the Lord has commanded. He has said, 'Everyone should gather as much as they need. Take three pounds for each person who lives in your tent.'"*

- **READ John 6:1-15** in your Bibles to learn about a different miracle that Jesus did to feed 5,000 people with only 5 loaves of bread and 2 fish!



**READ John 6:32-35 NIrV below:**

*"Jesus said to them, "What I'm about to tell you is true. It is not Moses who has given you the bread from heaven. It is my Father who gives you the true bread from heaven. The bread of God is the bread that comes down from heaven. He gives life to the world."*

*"Sir," they said, "always give us this bread."*

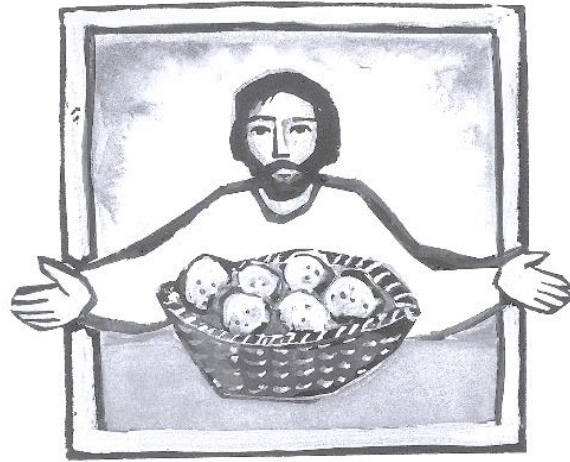
*Then Jesus said, "I am the bread of life. Whoever comes to me will never go hungry. And whoever believes in me will never be thirsty.'"*

**READ John 6:47-51 NIrV below:**

*"What I'm about to tell you is true. Everyone who believes has life forever. I am the bread of life. Long ago your people ate the manna in the desert, and they still died. But here is the bread that comes down from heaven. A person can eat it and not die. I am the living bread that came down from heaven. Everyone who eats some of this bread will live forever. This bread is my body. I will give it for the life of the world."*

**JESUS THE BREAD OF LIFE:** In John chapter 6, Jesus performs a miracle where he multiplies 5 loaves of bread and 2 fish to feed 5000 people. After this event, Jesus tells the people that he is the true Bread of Life from heaven that God has sent to them to satisfy their souls and allow them to live forever. Today, we are also invited to eat from the Bread of Life that Jesus offers freely to all who ask!

# JESUS is the Bread of Life!



“Then Jesus declared,  
“I am the bread of life.  
Whoever comes to me will  
never go hungry, and  
whoever believes in me will  
never be thirsty.”

—John 6:35 NIV